

Quick Guide

Know how to find what you need —
when you need it!

chenmed.makeityoursource.com

make it yours

Choose Your Benefits

Get Ready Now, Enroll Before Your Deadline

Your benefits marketplace makes it easy to find the right fit. Just choose your coverage level, the price you want to pay, and the insurance carrier you want to work with.



Get Up to Speed

Visit the Make It Yours website at chenmed.makeityoursource.com.

- Watch quick videos to see what your benefits are all about.
- Compare the coverage levels side-by-side.
- Get to know the carriers through [Your Carrier Connection](#) — get overviews, compare specially designed programs, and access preview sites to see provider networks and prescription drug information.

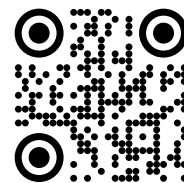


Enroll

Log on to the ChenMed Benefits Portal at digital.alight.com/chenmed or enroll through the Alight Mobile app.

Use the Help Me Choose tool to get fast answers about the best medical options for your situation by sharing what's important to you — including your doctors and any prescriptions you might take.

Once you've completed your enrollment online, you can view your coverages and follow-ups anytime before your benefits begin.



Remember, you must enroll to have coverage through ChenMed. If you don't enroll, you'll have:

- No medical or prescription drug coverage.
- No Health Savings Account (HSA) contributions, if eligible.
- No dental coverage.
- No vision coverage.
- No Flexible Spending Account (FSA).

Use Your Benefits

Throughout the year, there are lots of ways to stay on top of your health, and to make the most of your benefits and your health care dollars. Make sure you're up to speed before your benefits take effect.



Get the Inside Scoop

Visit the Make It Yours website at chenmed.makeityoursource.com.

- Get insider tips for “how to work the health care system” on many topics.
- Make the most of your benefits and your health care dollars.



Manage Your Benefits

Log on to the ChenMed Benefits Portal at digital.alight.com/chenmed or the Alight Mobile app.

- See what's covered and who you're covering.
- Make benefits changes when your life changes (e.g., marriage, birth of a child).



Stay in Step With Your Carrier

Once your coverage begins, register on the [insurance carrier](#) member site (you can get to it from the Make It Yours website) and download their mobile app.

- Keep track of your provider bills and payments online (once your coverage begins).
- Feel your best by taking advantage of all that your carrier offers, which may include virtual care, lifestyle coaching and fitness discounts, mental health support, and more.



Questions?

Once logged on to the ChenMed Benefits Portal at digital.alight.com/chenmed, look for the “Need Help?” icon to ask your virtual assistant any questions you may have. It can also connect you with a web chat representative and other helpful resources. For additional support, you can call the ChenMed Benefits Center at **855-536-8228** from 9 a.m. to 6 p.m. ET, Monday through Friday.